



Camp Heat Policy & Procedure

Hot Weather Policy: ASA's main priority is to provide a safe and enjoyable camp experience. The camp staff are aware of how to best handle the expected hot summer temperatures and make necessary adjustments.

Situation: The National Weather Service issues a **heat advisory** (heat index of 100°+), the camp will take precautions to avoid heat related illnesses or conditions by:

- 1) Spending a majority of the outside time in shade, adding hydration breaks and modifying activities so they are less strenuous
- 2) ASA will seek indoor alternatives, which may mean a site change
- 3) If those alternatives are not available, ASA will cancel the camp for that day. If multiple days are cancelled, a prorated refund will apply

Situation: The National Weather Service issues a **code red day** (heat index of 100°+ and hazy, hot and humid weather which creates another hazard as ground-level ozone builds up to unhealthy level), the camp will take precautions to avoid heat related illnesses or conditions by:

- Code Red warnings are usually broadcast a day in advance through radio and television, giving everyone a chance to prepare.
- Precautions on these days are the same as 100° index days. Sometimes Code Red conditions will be declared for only part of a day (for example from noon until 8 p.m.). On these days, most outdoor activities will occur earlier in the day and physical activity will be limited during the afternoon.

Doing Your Part: How You Can Prepare Your Children for Hot Weather

- Listen to the radio/TV for weather alerts
- Wear lightweight, light-colored, loose fitting cotton clothing
- Apply sunscreen (factor at least 15-30) before arriving at camp.
Campers should bring their own sunscreen and reapply throughout the day as needed.
- Drink plenty of water. Avoid soft drinks, coffee and other caffeinated beverages
- Don't overdo it - everything is a little slower paced on a hot day.
- Be sure to inform ASA staff of medical issues that may be impacted by hot weather